Family Centered Developmental Care

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FCC prerequisites

- Recognising the family as a constant in the child’s life;
- Responding to child and family developmental needs as part of health care practice;
- Recognising family strength and individuality and respect different methods of coping;
- Encouraging and facilitating family to family support and networking;
- Facilitating parent-professional collaboration at all levels of health care;
- Sharing complete and unbiased information with families on a continuous basis;

FCC prerequisites

- Honouring the racial, ethnic, cultural, socio-economic diversity of families;
- Adopting policies and practices that provide families with emotional and financial support; and
- Designing health care that is flexible, culturally competent and responsive to family needs.

Definition FCC

FCC is an approach to the planning, delivery and evaluation of health care that is governed by mutually beneficial partnerships between health care providers, patients and families. FCC applies to patients of all ages and it may be practice in any health care setting.

Institute of Patient and Family Centered Care, 2005

Developmental care

NIDCAP: Newborn Individualized Developmental care and Assessment Program

Observation of Behaviour

- Measuring the organization of behaviour and self regulation in a given environmental setting and set of caregiving situations;
- Visualisation of the way of communication of the preterm infant and its environment;
- Behaviour described as approach towards or avoidance of stimuli;
- The infants possibility to cope with the caregiving and the environment in order to continue his development;
Observation of Behaviour

- Formulation of current goals and caregiving recommendations to support the individual infant’s development;
- Recommendations discussed with parents;
- Recommendations are then used by parents as well as professional caregivers to diminish stress and to support the infants’ competence to overcome stress and discomfort;
- Information provided by the observation is used to individualize care and environment to the needs of the specific infant.

Dimensions of Developmental Care

- Modification of external stimuli
- Clustering care activities
- Positioning
- Individualization of care
- Family support

AMC on the NIDCAP road
What do we have

- Research and Implementation
- Developmental Care Book
- Educational cycle
- Materials, incubator covers
- Buddies
- Baby Book for parents
- Reflection

AMC on the NIDCAP road
What are we lacking

- Facilities for parents
- Single bed rooms
- Replacement for shabby Materials (covers)
- Enough developmental specialists (NIDCAP certified professionals)
- Lack of money